Prescription Drugs

Indirectly involves 79% of students who misuse stimulants said they obtain them from friends.

While many imagine drugs are typically obtained from dealers, in reality most people get non-prescribed drugs from friends and family.

Prescription Drugs

Opioid drug use and overdosing is a growing epidemic in the United States. Overdose deaths involving prescription opioids were 5 times higher in 2016 than in 1999 with 350,000 people dying from an overdose involving opioids.

WHAT’S UT DOING TO ADDRESS THE ISSUE?

Alcohol and Other Drugs (AOD) Counseling Program: The Counseling and Mental Health Center (CMHC) AOD counseling program offers clinical assessments and harm reduction services for substance misuse.

Center for Students in Recovery: Provides a supportive community for students in recovery and in hope of recovery while cultivating a genuine college experience free from drugs.

Healthyhorns Peer Educators: A student volunteer group dedicated to providing interactive and educational outreach activities that positively impact student health, including workshops focused on providing information about drugs and the college experience.

Crisis Line: A confidential service of the Counseling and Mental Health Center (CMHC) that offers an opportunity for UT-Austin students to talk with trained counselors about urgent concerns. A counselor is available every day of the year, including holidays.

Operation Naloxone: A collaborative program at UT aimed at overdose prevention and response education for students, health professionals, and the public to combat the opioid epidemic.

Sanger Learning Center (SLC): The SLC helps people with study strategies so that they can manage their time which may lead to less reliance on stimulants.

GET INVOLVED WITH THE WELLNESS NETWORK
Committee on Substance Safety and Overdose Prevention (COSSOP)

Data in this document were obtained from the 2017 UT Austin National College Health Assessment (NCHA), the College Prescription Drug Study (CPDS), and the Center for Disease Control (CDC)