

## Committee and Work Group Updates

### Executive Committee

- Worked closely with the Wellness Network Leadership Team over the summer to write the 2014-2017 Wellness Network Strategic Plan.
- Looking forward to implementing new strategies to influence health promoting policies on campus this fall.

### BeVocal - Bystander Intervention Committee

- Awarded start-up funding by the Student Services Budget Committee for 2014-2015.
- Developed a style and content guide to assist with program incorporation across campus.
- Designed educational/promotional postcards, T-shirts, and buttons to be distributed to campus partners and students.
- Trained 35 staff and 25 students as campus content facilitators in order to begin the infusion of BeVocal content with student organizations and departments.
- Presenting at the National Women's Studies Association Conference in November and the Association of Fraternity and Sorority Advisors Conference in December.
- Awarded funds for 2014-15 calendar year as part of a 1.4 million dollar UT Systems package to promote bystander intervention at all UT academic institutions.
- To join this committee, contact Erin Burrows at [eburrows@austin.utexas.edu](mailto:eburrows@austin.utexas.edu), or Marilyn Russell at [marilynr@austin.utexas.edu](mailto:marilynr@austin.utexas.edu).

### Communications Committee

- Worked alongside webmaster to make our site mobile-compatible; the desktop version of the site is fully compatible with mobile devices, and a simplified version of the site made especially for smart phones.
- Web traffic so far in 2014 (through September) has increased approximately 10% compared to 2013. After the homepage, the "Resources" and "About Us" pages continue to be the most frequently visited pages.
- Individual webpages were created for each committee/work group. The pages serve as a place to provide detailed information about the work being done in the committees and upcoming meeting times.
- Dedicated new space on the homepage to highlight events, initiatives, etc.
- Met and surpassed last semester's goal of achieving 150 Facebook likes. We currently have 160, which is up 23% from last semester.
- Continuing to collaborate with Member Engagement committee to promote brown bag lunch sessions and create communication materials for prospective and new members.
- To join this committee, contact Jessica Hughes Wagner at [j.wagner@uhs.utexas.edu](mailto:j.wagner@uhs.utexas.edu).

### Hazing Prevention Work Group

- Working to implement recommendations published this summer by UT System's Task Force on Hazing and Alcohol.
- Working to develop content for Wellness Network website.
- Continuing to promote available training for faculty and staff on how to recognize hazing on campus.
- To join this committee, contact [wellnesnetwork@uhs.utexas.edu](mailto:wellnesnetwork@uhs.utexas.edu).

### Healthy Dining Workgroup

- Finalized healthy snack and beverage criteria for vending machines.
- Participating in the RFP process for a snack vending machine contract.
- Finalizing Healthy Meeting Guidelines, including healthy food choices, sustainability and physical activity.
- To join this committee, contact [wellnessnetwork@uhs.utexas.edu](mailto:wellnessnetwork@uhs.utexas.edu).

### High-Risk Drinking Prevention Committee

- Developed a strategic plan for the committee, including long- and short-term goals, to tie in with the Wellness Network Strategic Plan.
- Established a partnership with the Downtown Austin Community Court Managers.
- Developed plans to conduct an environmental scan of tailgating behaviors prior to the November 8th football game.
- Continuing to promote the renamed Student Amnesty for Alcohol Emergencies.
- To join this committee, Jessica Duncan Cance at [jdcance@austin.utexas.edu](mailto:jdcance@austin.utexas.edu) or Matthew Olson at [m.olson@uhs.utexas.edu](mailto:m.olson@uhs.utexas.edu).

### Member Engagement Committee

- The next Member Engagement Committee meeting will be Friday, November 21, from 11AM – 12PM in SSB 3.406. All are welcome to attend.
- November's Brown Bag Lunch is Monday, November 10, from 12-1PM in Mezes Hall (MEZ) 2.124. Wellness Network is looking forward to hosting the Healthyhorns Peer Educators as they give a student perspective on healthy eating on and near campus.
- Hosted the New Member Meet and Greet prior to the Fall 2014 All-Member Meeting, and planning to host new member events throughout the year.
- To join this committee, contact Frances Nguyen at [f.nguyen@uhs.utexas.edu](mailto:f.nguyen@uhs.utexas.edu).

## Mental Health Promotion Committee

- As a new committee, began meeting biweekly as of September to lay the foundation for what is within the scope of mental health promotion.
- Created an environmental scan to determine what campus resources and projects are already addressing student mental health.
- Continuing to brainstorm the parameters of the committee's first project.
- To join this committee, contact Katy Redd at [kredd@austin.utexas.edu](mailto:kredd@austin.utexas.edu) or Jody Miller at [jody.miller@austin.utexas.edu](mailto:jody.miller@austin.utexas.edu).

## Faculty and Staff

- Join the UT Austin HealthPoint Team for Race for the Cure. The walk is on November 16 with a 5K and 1-mile option. Use the discount code [d14healthpoint](http://bit.ly/racefortheure2014) for \$10 off registration (while code lasts). Join before Nov. 1. <http://bit.ly/racefortheure2014>
- Order fresh produce through Farm to Work for pick-up on campus. <http://bit.ly/utf2w>
- Onsite wellness screenings return! Stay tuned for more information.

## Students

- Student Government's SafeRide program has been providing sober rides home for about 200 people per weekend.
- The uRide 24-5 initiative has been implemented to provide students a safe ride home after late-night studying at the PCL.

