

Committee and Work Group Updates

Communication Committee

- Finalized the branding style guide, which outlines recommended uses for the Wellness Network logo, colors, fonts, and imagery.
- Website redesign: Conducted a redesign exercise with committee members and leadership team to prioritize content on the homepage and website. The exercise will inform a redesign of the information organization and design of the website. Web designer/developer is working on changes now. Projected completion date: May 2013.
- Website traffic: Site visits and pages viewed continue to increase over the last 6 months. The top 3 pages continue to be: 1) Homepage; 2) Resources; and 3) About us.
- Facebook: We currently have 86 likes and set a goal of 100 likes by the end of the semester.
- The committee will staff a “How to get involved” table at Stressfest (hosted by CMHC) on Wednesday, April 10, 11am – 1:30pm.
- WN slides are still running on monitors across campus. The topics include: RecSports extended hours, tobacco-free campus policy, SURE Walk program, hydration promotion, and “How to get involved with Wellness Network” promotion.
- Secured placement of WN “Get Involved” slides on internal placement of Housing and Food Service channel.
- Working on student recruitment via student organizations. Brainstormed ideas for organizations to reach out to via email. Student Government VP will also provide a list of recommended organizations.
- To join this committee, email Jessica Hughes Wagner at j.wagner@uhs.utexas.edu.

Assessment Committee

- Assisted with the development of the Member Engagement Survey and assessment tools for the Bystander Intervention Work Group.
- Preparing a presentation of the National College Health Assessment data and other UT student health-related data for the first Wellness Network Brown Bag session (date TBD).
- To join this committee, email Guli Fager at g.fager@uhs.utexas.edu.

High Risk Drinking Prevention Committee

- Revised the Alcohol Medical Emergency Call for Help (AMECH) program language with the intention of increasing the promotion of AMECH to students in the fall.
- Strengthened and expanded our committee to include representation from around campus and have begun strategizing about off-campus partners.
- Agreed upon a cohesive message regarding drinking among students, and are in the process of assessing current programming strengths and needs.
- To join this committee, email Jessica Duncan Cance at jdcance@austin.utexas.edu or Susan Hochman at s.hochman@uhs.utexas.edu.

Healthy Dining Work Group

- In partnership with Student Government, implemented the healthy vending machine pilot project. The committee has adopted healthy snack criteria for campus vending machines and determined pilot sites.
- Encouraging students, staff, and faculty to take the Healthy Vending Machine Survey: <http://bit.ly/vendingsurvey>.
- To join this work group, email Claire Moore at claire.moore@austin.texas.edu or Traci Toone at t.toone@uhs.utexas.edu.

Bystander Intervention Work Group

- Hosted a retreat in January with 15 members and produced a progress logic model.
- Collected and analyzed information about existing college and university bystander intervention programs.
- Conducted informal focus groups with over 170 students to collect data on issues of concern, what they would like included in skills-based training, and how they would like to see bystander intervention promoted on campus.
- Developed a pre-orientation module video on bystander intervention in collaboration with students and staff.
- Planning to hold another work group training to develop a program logic model early this summer.
- To join this work group, email Erin Burrows at eburrows@austin.utexas.edu or Marilyn Russell at marilyn@uhs.utexas.edu.

New: Member Engagement Committee

The Member Engagement Committee works to keep members engaged, gives guidance for programming and policies, ensures that our work is representative and inclusive, and plans member events such as brown bag and networking sessions. To join this committee, email Mona Ghosheh at mghosheh@austin.utexas.edu.

Faculty and Staff Wellness Updates

- The HealthPoint Wellness Program launched a new webpage to allow UT faculty and staff members to share their wellness stories. It can be challenging to start and maintain healthy habits, but success is all around us. Be inspired by co-workers' stories, and add your own. <http://bit.ly/utwellness>
- Last fall, the HealthPoint Wellness Program offered onsite wellness screenings, as a convenient way for faculty and staff to learn their most important health numbers. 890 people participated and the screenings received overwhelmingly positive feedback. Thank you to those who participated.
- The Campus Club and HealthPoint Wellness Program present Bites of Wellness, a lunch and learn series all about wellness. These luncheons feature UT and community experts on a variety of wellness topics. <http://bit.ly/utwellness>
- The UT System Office of Employee Benefits is partnering with Provant Health Solutions to offer a wellness incentive program. Members of the UT Select health insurance plan can receive a \$25 gift card for completing the online health risk assessment and a preventive screening. <http://www.livingwell.utsystem.edu/hra.htm>
- The UT System Office of Employee Benefits is partnering with UT School of Public Health to conduct focus groups to find out how wellness programming can work better for faculty and staff. Recruitment and information available at: <http://bit.ly/wellnessfocusgroup>

Student Government Updates

Student Government has implemented or advocated for several initiatives this past year to make UT a healthier campus. These initiatives include:

- extending gym hours;
- passing the healthy vending resolution;
- extending hours as Jester City Market to increase access to healthier snack options later at night;
- assisting with the development of campus "Pro Tips;"
- implementing the SURE Walk program;
- restructuring IM sports; and
- petitioning the Division of Housing and Food Services to increase hours at the J2 Dining Hall.

Student Government was also successful in securing permanent funding to keep the PCL library open 24/5. Recently, Student Government has been working to get exterior water fountains placed throughout campus.

